

Dashimaki Tamago (Japanese Rolled Omelette)

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-tomago-omlette-recipe>

Ingredients:

- 4 eggs note 1
- 4 tablespoons dashi stock note 2
- 1/2 tablespoon light soy sauce
- 1/2 tablespoon sake
- 2 teaspoons sugar
- 1 1/2 tablespoons oil with a small piece of paper towel soaked in
- 2 tablespoons daikon grated, white radish

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 425 milligrams
4. Fat: 21 grams
5. Protein: 14 grams
6. SaturatedFat: 4 grams
7. Sodium: 410 milligrams
8. Sugar: 5 grams

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