

Japanese Sushi Rolls

Yield: 6 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-tempura-batter-recipe-food-network>

Ingredients:

- 4 cups sushi rice short grain
- 8 cups water
- 1/2 cup rice vinegar
- 2 tablespoons sugar
- 1 teaspoon salt
- 6 sheets nori
- 2 cups sushi rice recipe above
- 2 ounces sushi grade tuna cut into 1/4 by 1/2 by 3-inch strips
- 2 ounces salmon sushi-grade, cut into 1/4 by 1/2 by 3-inch strips
- 6 large shrimp peeled and deveined
- 1/2 cup tempura batter mix
- 1/2 cup ice water
- 1 hothouse cucumber julienne
- 1 carrot peeled and julienne
- 1 avocado thinly sliced

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 162 grams
3. Cholesterol: 10 milligrams
4. Fat: 8 grams
5. Fiber: 9 grams
6. Protein: 18 grams
7. SaturatedFat: 1 grams
8. Sodium: 450 milligrams
9. Sugar: 6 grams

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