

# Food Babe's Japanese Restaurant Ginger Salad Dressing

Yield: 7 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-sushi-restaurant-salad-dressing-recipe>

## Ingredients:

- 4 carrots
- 1/2 white onion
- 1/4 cup ginger chopped, or a little more if you really like ginger like me
- 2 tablespoons white miso paste
- 1/4 cup rice wine vinegar
- 2 tablespoons raw honey or coconut palm sugar
- 3 tablespoons toasted sesame oil dark
- 2 tablespoons olive oil
- 1/4 cup water
- 1/2 teaspoon sea salt
- 1/2 teaspoon fresh ground black pepper

## Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 11 grams
3. Fat: 10 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 380 milligrams
8. Sugar: 7 grams

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