

5-Minute Asian Sugar Snap Peas

Yield: 3 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-sugar-snap-peas-recipe>

Ingredients:

- 16 ounces sugar snap peas cooked, we use Green Giant fresh, steam-in-pack sugar snap peas that are quickly cooked in the microwave – s...
- 1 tablespoon reduced sodium soy sauce such as Kikkoman Light, or a gluten-free soy sauce or tamari to make this recipe gluten-free
- 1 teaspoon toasted sesame oil
- 2 teaspoons relish Sweet and Spicy Pepper, more or less to taste, or substitute 1½ teaspoons seedless red raspberry jelly and ½ teaspo...
- 1 pinch kosher salt only if needed
- black sesame seeds optional, for garnish

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 16 grams
3. Fat: 6 grams
4. Fiber: 6 grams
5. Protein: 6 grams
6. SaturatedFat: 1 grams
7. Sodium: 310 milligrams
8. Sugar: 7 grams

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