

Pistachio-Dusted Kabocha Squash

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-style-kabocha-squash-recipe>

Ingredients:

- 1 kabocha squash
- 1/2 teaspoon cumin
- 1/2 teaspoon canela
- 1/4 cup olive oil approximately
- freshly ground pepper
- salt
- 1/4 cup pistachios ground finely

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 13 grams
3. Fat: 20 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 230 milligrams
8. Sugar: 3 grams

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