

Japanese Steak Rice Bowl

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-steak-rice-recipe>

Ingredients:

- 2 tablespoons soy sauce
- 2 tablespoons mirin
- 1 tablespoon sake
- 1 teaspoon Worcestershire sauce
- 1 tablespoon sugar
- 1 teaspoon cooking oil vegetable, sunflower, canola or avocado oil
- 2 cloves garlic crushed
- 2 tablespoons butter
- 1 pound steak New York strip or any of your favorite cut of
- 2 cups cooked rice warm
- lettuce
- black pepper

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 15 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 510 milligrams
9. Sugar: 4 grams

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