

Roasted Potato & Fennel Soup

Yield: 7 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-soy-soup-recipe>

Ingredients:

- 2 pounds yukon gold potatoes cut into 1 inch chunks
- olive oil for drizzling
- 2 fennel bulbs reserve the fronds, those are the frilly green leaves
- 1 onion large, peeled and cut into 1/2 inch slices
- 1 teaspoon salt divided
- black pepper fresh
- 2 cups vegetable broth warm
- 2 cups soy unsweetened warm, or almond milk

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 31 grams
3. Fat: 8 grams
4. Fiber: 10 grams
5. Protein: 14 grams
6. SaturatedFat: 1 grams
7. Sodium: 670 milligrams
8. Sugar: 1 grams

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