

Chanko Nabe/ Sumo Wrestlers' Stew

Yield: 5 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-soup-recipe-sumo>

Ingredients:

- 8 cups dashi see note
- 1/4 cup soy sauce
- 1/4 cup sake
- 3 tablespoons mirin
- 1 daikon large, cut into 1-inch chunk
- 2 large carrots cut into chunks
- 1 pound boneless skinless chicken thigh cut into 1-inch pieces
- 1 napa cabbage small, cut into 2-inch chunks
- 1 shimeji mushrooms pack fresh, or any mushrooms of your choice
- 8 fresh shiitake mushrooms you can use dried version too
- 12 tofu puffs
- 1 pound udon noodles
- 2 stalks scallion thinly sliced at an angle