

# Shiitake Mushroom Soup

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-soup-recipe-shiitake>

## Ingredients:

- 5 1/4 ounces shiitake mushrooms sliced
- 4 1/4 cups homemade chicken stock
- 3/4 cup shallots french, finely sliced
- 2 garlic clove finely chopped
- 4 tablespoons cream
- 1 tablespoon butter
- 1 tablespoon olive oil
- 1 tablespoon brandy
- nutmeg
- salt
- pepper

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 25 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 10 grams
7. SaturatedFat: 5 grams
8. Sodium: 590 milligrams
9. Sugar: 6 grams

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