

# Japanese Souffle Pancake

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-japanese-souffle-pancake>

## Ingredients:

- 2 egg large an egg weighed about 55g
- 1 1/4 tablespoons sugar
- 1/2 tablespoon mayonnaise
- 1/2 tablespoon milk
- 2 9/16 tablespoons flour
- 1/4 teaspoon cream of tartar

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 105 milligrams
4. Fat: 3 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 50 milligrams
8. Sugar: 4 grams

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