

Japanese Soba Noodles With Peanut Sauce

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/soba-japanese-recipe-summer>

Ingredients:

- 1 package soba noodles Japanese
- 1/2 cup unsalted roasted peanuts plus 1 tbsp. for garnish
- 3 tablespoons sesame oil 2 for the sauce + 1 for noodles
- 2 tablespoons vegetable oil
- 2 cloves garlic peeled
- 1 teaspoon garlic chili sauce
- 2 tablespoons soy sauce
- 4 teaspoons balsamic vinegar
- 2 teaspoons honey

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 17 grams
3. Fat: 50 grams
4. Fiber: 3 grams
5. Protein: 10 grams
6. SaturatedFat: 6 grams
7. Sodium: 940 milligrams
8. Sugar: 9 grams

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