

Japanese Noodles With Sesame Dressing

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-soba-noodle-salad-dressing-recipe>

Ingredients:

- 7 ounces soba noodles
- 1 9/16 cups sugar snap peas halved lengthways
- 1 red pepper deseeded and thinly sliced
- 1/2 cucumber sliced or peeled into ribbons
- 2 teaspoons sesame seeds toasted
- 2 tablespoons tahini paste
- 2 tablespoons soy sauce
- 2 tablespoons rice vinegar
- 1 tablespoon sugar

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 98 grams
3. Fat: 10 grams
4. Fiber: 5 grams
5. Protein: 21 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 1710 milligrams
8. Sugar: 12 grams

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