

Slow Cooked Pork Belly

Yield: 4 min

Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-slow-cooked-pork-belly-recipe-vegetables>

Ingredients:

- 1 pork belly
- 1/4 cup chicken stock
- 1 tablespoon oil
- salt

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 1 grams
3. Fat: 4 grams
4. Protein: 1 grams
5. Sodium: 250 milligrams

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