

Shishito Soba

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-shishito-peppers-recipe>

Ingredients:

- 2 tablespoons soy sauce
- 2 teaspoons sesame oil
- 1 teaspoon dashi powder
- 2 cloves garlic minced
- freshly ground pepper
- oil for the pan
- 6 ounces shishito peppers about 2 cups
- salt
- freshly ground pepper
- 4 ounces soba noodles
- shichimi togarashi *, to finish
- seaweed strips, to finish
- sliced green onions to finish

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 64 grams
3. Fat: 17 grams
4. Fiber: 9 grams
5. Protein: 13 grams
6. SaturatedFat: 2 grams
7. Sodium: 1750 milligrams
8. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Shishito Soba above. You can see more 15 japanese shishito peppers recipe Get cooking and enjoy! to get more great cooking ideas.