

Japanese Cucumber Salad

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-lemongrass-indian-recipe>

Ingredients:

- 1 tablespoon white sesame seeds or black
- 1 pound japanese cucumber peeled, halved
- 1/2 teaspoon kosher salt plus more, to taste
- 3 tablespoons rice vinegar
- 1/2 teaspoon sugar
- 1 teaspoon sesame oil
- 2 tablespoons scallions thinly sliced diagonally
- 1 tablespoon shiso leaves thinly sliced fresh, or mint
- freshly ground pepper to taste

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 7 grams
3. Fat: 2.5 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. Sodium: 300 milligrams
7. Sugar: 3 grams

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