

Japanese Fried Chicken

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-sesame-seed-chicken-recipe>

Ingredients:

- 1 pound boneless skinless chicken breasts /thighs, cut into cubes
- 3 inches ginger
- 2 tablespoons juice
- 3 tablespoons soy sauce
- 6 tablespoons sake Japanese cooking
- 2 tablespoons mirin Japanese
- cornstarch for coating
- oil for deep frying
- sesame for garnishing, optional
- 2 tablespoons mayonnaise
- 2 teaspoons white miso paste
- 2 teaspoons apple cider vinegar or Japanese rice vinegar
- 2 teaspoons honey
- 1 pinch sugar

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 75 milligrams
4. Fat: 12 grams
5. Fiber: 1 grams
6. Protein: 26 grams
7. SaturatedFat: 2 grams
8. Sodium: 970 milligrams
9. Sugar: 4 grams

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