

Hirekatsu - Japanese Deep Fired Pork Fillets

Yield: 2 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-recipe-pork-fillet>

Ingredients:

- 2/3 pound pork fillet
- 1 egg
- 4 tablespoons plain flour
- 3 3/8 tablespoons water
- 1 tablespoon Japanese Mayonnaise Kewpie
- 2 cups panko crumbs Japanese, or any bread crumbs
- frying oil Deep-
- shredded cabbage Finely, to serve
- sesame seeds to sprinkle

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 205 milligrams
4. Fat: 23 grams
5. Fiber: 2 grams
6. Protein: 42 grams
7. SaturatedFat: 4 grams
8. Sodium: 210 milligrams
9. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Hirekatsu - Japanese Deep Fired Pork Fillets above. You can see more 20 japanese recipe pork fillet Deliciousness awaits you! to get more great cooking ideas.