

# Roasted Miso Cauliflower Mushroom Soup

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-recipe-for-cauliflower>

## Ingredients:

- 1 cauliflower chopped or sliced
- 227 grams mushrooms sliced
- 3 cloves garlic
- 1 1/2 tablespoons miso paste
- 2 tablespoons butter
- 2 tablespoons oil
- 7 cups chicken stock
- 1 medium onion chopped
- fried onions
- garlic
- oil
- green onions finely chopped

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 30 milligrams
4. Fat: 22 grams
5. Fiber: 5 grams
6. Protein: 19 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 930 milligrams
9. Sugar: 14 grams

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