

# Mexican Slaw Salad with Black Beans

Yield: 6 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-rainbow-slaw-salad-recipe>

## Ingredients:

- 14 ounces slaw tri-color
- 15 ounces reduced sodium black beans Bush's, drained and rinsed
- 2 scallions chopped
- lime dressing Creamy Avocado
- salt
- pepper

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 5 milligrams
4. Fat: 2 grams
5. Fiber: 2 grams
6. Protein: 1 grams
7. Sodium: 150 milligrams

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