

A Japanese Custard Pudding

Yield: 6 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pudding-recipe>

Ingredients:

- butter to grease the pudding dishes
- 3 tablespoons water warm, divided
- 6 tablespoons sugar
- 2 cups milk
- 2/3 cup sugar
- 1 teaspoon vanilla extract
- 4 eggs , lightly beaten

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 160 milligrams
4. Fat: 9 grams
5. Protein: 8 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 135 milligrams
8. Sugar: 40 grams

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