

Pork Pie

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pork-stock-recipe>

Ingredients:

- 2 9/16 tablespoons plain flour
- 1/2 teaspoon salt
- 4 2/3 tablespoons lard
- 2 3/8 tablespoons water
- beaten egg
- glaze
- 7 15/16 ounces pork lean, chopped, shoulder would be ideal, but not bacon or ham
- salt
- pepper
- 1/2 cup pork stock
- 1 tablespoon gelatine

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 50 milligrams
4. Fat: 19 grams
5. Fiber: 1 grams
6. Protein: 17 grams
7. SaturatedFat: 7 grams
8. Sodium: 650 milligrams
9. Sugar: 2 grams

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