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Mille Feuille Nabe (Thousand Leaves Hot Pot)

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/japanese-pork-collar-recipe

Ingredients:

- 2 pork bone packs Mizkan, and Soy Sauce Nabe
- 7 ounces bean sprouts
- 1 head napa cabbage separate each leaf
- 1 1/8 pounds pork collar Shabu, / Beef
- 6 2/3 cups spinach leaves only
- 1 cup mushrooms Shimeiji, ends removed
- 4 shiitake mushrooms stem removed
- 1 small carrot sliced
- dipping sauce per pax
- 3 tablespoons sauce Mizkan Sesame, with Roasted Nuts
- 1 chilli padi minced, optional
- 1 teaspoon spring onions chopped

Nutrition:

- 1. Calories: 80 calories
- 2. Carbohydrate: 14 grams
- 3. Fiber: 5 grams
- 4. Protein: 5 grams
- 5. Sodium: 120 milligrams
- 6. Sugar: 4 grams

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