

# Japanese Pork Chops in Ginger Sauce

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pork-chops-recipe>

## Ingredients:

- 7/8 pound pork chops thinly sliced
- cornflour cornstarch, for coating
- 1 tablespoon sauce freshly grated ginger
- 1 tablespoon cooking wine Japanese, sake
- 1 tablespoon mirin aka sweet cooking wine
- 1 1/2 teaspoons light soy sauce
- 1 tablespoon sauce freshly grated ginger
- 1 tablespoon sake
- 1 tablespoon mirin sweet cooking wine
- 1 1/2 teaspoons light soy sauce
- 1 tablespoon sake
- 1 tablespoon soy sauce
- 1 teaspoon sugar
- 2 teaspoons grated ginger

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 50 milligrams
4. Fat: 4.5 grams
5. Protein: 22 grams
6. SaturatedFat: 1 grams
7. Sodium: 730 milligrams
8. Sugar: 2 grams

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