

Roasted Plum, Ginger, and Honey Ice Cream

Yield: 10 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-plum-brandy-recipe>

Ingredients:

- 2 pounds plums stoned and halved
- 2 tablespoons ginger grated
- 2 tablespoons plum brandy
- 2 cups heavy cream
- 1 1/2 teaspoons kosher salt
- 1 cup wildflower honey to taste

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 80 milligrams
4. Fat: 21 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 13 grams
8. Sodium: 380 milligrams
9. Sugar: 37 grams

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