

# Okonomiyaki (Japanese pizza-style pancake)

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pizza-recipe-easy>

## Ingredients:

- 5/8 cup gluten-free flour
- 1 teaspoon baking powder
- 6 3/4 tablespoons bone broth
- 2 eggs
- yamaimo Japanese mountain yam
- cabbage 2-3 leaves
- 3 stems onion 1 medium
- shrimp 5 large
- scallops 6 medium
- shiitake mushrooms
- pickled ginger sweet, optional
- salt
- pepper
- bacon added during cooking
- sour cream added after cooking

## Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 155 milligrams
4. Fat: 7 grams
5. Fiber: 3 grams
6. Protein: 13 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 510 milligrams
9. Sugar: 2 grams

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