

Moyashi (Bean Sprout) Salad

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pickled-bean-sprout-recipe>

Ingredients:

- 1 1/4 pounds bean sprouts
- 2 sticks celery chopped
- 1 cup sliced carrots thin
- 2 tablespoons sesame
- 2 1/2 tablespoons soy sauce
- 1 1/2 tablespoons sugar
- 2 tablespoons vinegar
- 1 dash salt

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 19 grams
3. Fat: 4.5 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 1310 milligrams
8. Sugar: 13 grams

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