

Korean Beef Bulgogi

Yield: 5 min
Total Time: 180 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pear-pie-recipe>

Ingredients:

- 1 1/2 pounds boneless rib eye steak
- 1/2 pear small, peeled and coarsely grated
- 1/4 cup reduced sodium soy sauce
- 2 tablespoons light brown sugar
- 2 tablespoons toasted sesame oil
- 3 cloves garlic minced
- 1 tablespoon ginger freshly grated
- 1 tablespoon gochujang Korean red pepper paste
- 2 tablespoons vegetable oil divided
- 2 green onions thinly sliced
- 1 teaspoon toasted sesame seeds

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 100 milligrams
4. Fat: 41 grams
5. Fiber: 1 grams
6. Protein: 32 grams
7. SaturatedFat: 12 grams
8. Sodium: 520 milligrams
9. Sugar: 8 grams

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