

Peanut Butter Chicken

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-peanut-chicken-recipe>

Ingredients:

- 2 cups cooked white rice
- 1 1/2 cups cauliflower cut in 1" inch pieces
- 3 tablespoons peanut butter
- 3 tablespoons canola oil
- 1/4 cup soy sauce
- 1/4 cup sugar
- 4 tablespoons white vinegar
- 1/2 teaspoon cayenne pepper
- green onions chopped fine
- 1 chicken breast cut in 1" inch pieces
- 1 teaspoon ginger fresh, grated

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 35 milligrams
4. Fat: 18 grams
5. Fiber: 2 grams
6. Protein: 17 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1030 milligrams
9. Sugar: 15 grams

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