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# Japanese Cabbage Pancake - Okonomiyaki

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/japanese-seafood-pancake-okonomiyaki-recipe

# **Ingredients:**

- 2 cups all purpose flour
- 1 cup water
- 1 teaspoon salt
- 1 teaspoon baking powder
- 2 teaspoons sugar
- 1 pound cabbage coarsely chopped, about 10 cups
- 4 eggs
- 1/4 cup sesame oil
- 8 ounces pork belly fresh, thinly sliced
- 2 tablespoons ketchup
- 5 teaspoons worcestershire sauce
- 3 teaspoons oyster sauce
- 2 1/4 teaspoons sugar
- mayo
- pickled ginger for garnish, optional
- nori seaweed Aonori, powdered, optional
- katsuobushi dried, shaved bonito, optional

## **Nutrition:**

- Calories: 800 calories
  Carbohydrate: 64 grams
- 3. Cholesterol: 255 milligrams
- 4. Fat: 51 grams
- 5. Fiber: 4 grams
- 6. Protein: 19 grams
- 7. SaturatedFat: 14 grams
- 8. Sodium: 1150 milligrams

## 9. Sugar: 8 grams

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