

Toshikoshi Soba (Japanese New Year Soba)

Yield: 6 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-new-year-recipe>

Ingredients:

- 10 ounces soba buckwheat noodles
- 6 cups dashi
- 3 tablespoons mirin
- 2 teaspoons granulated sugar
- 1/3 cup soy sauce
- nori for topping, shredded

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 5 milligrams
4. Fat: 3 grams
5. Protein: 13 grams
6. Sodium: 1680 milligrams
7. Sugar: 2 grams

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