

# Japanese Soup with Tofu and Mushrooms

Yield: 2 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-japanese-soup-recipe>

## Ingredients:

- 3 cups dashi stock prepared
- 1/4 cup shiitake mushrooms sliced
- 1 tablespoon miso paste
- 1 tablespoon soy sauce
- 1/8 cup soft tofu cubed
- 1 green onion chopped

## Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 5 milligrams
4. Fat: 4 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. Sodium: 1320 milligrams
8. Sugar: 1 grams

---

Thank you for visiting our website. Hope you enjoy Japanese Soup with Tofu and Mushrooms above. You can see more 19 simple japanese soup recipe Dive into deliciousness! to get more great cooking ideas.