

Tropical Kiwi Strawberry Spring Rolls

Yield: 6 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-popiah-recipe>

Ingredients:

- 12 rice paper wrappers I found mine at Whole Foods
- 1 1/2 cups strawberries chopped
- 2 bananas firm yellow, chopped
- 1 mango cut into matchsticks
- 3 kiwi chopped
- 1 bunch fresh mint
- 1/3 cup honey
- 1/4 teaspoon vanilla extract
- 1/2 vanilla bean
- 1 lime

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 45 grams
3. Fat: 0.5 grams
4. Fiber: 5 grams
5. Protein: 2 grams
6. Sodium: 30 milligrams
7. Sugar: 31 grams

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