

Grilled Squid with Teriyaki Sauce

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-grilled-whole-squid-recipe>

Ingredients:

- 1 squid ~230g
- teriyaki sauce
- 2 teaspoons brown sugar
- 4 teaspoons mirin Japanese cooking wine
- 2 tablespoons sake
- 2 tablespoons soy sauce
- 1/2 teaspoon corn starch mixed with 2 tsp water
- marinades for squid
- 1 teaspoon ginger grated
- 1/4 teaspoon salt

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 35 milligrams
4. Protein: 3 grams
5. Sodium: 800 milligrams
6. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Grilled Squid with Teriyaki Sauce above. You can see more 18 japanese grilled whole squid recipe They're simply irresistible! to get more great cooking ideas.