

Yakitori (Japanese Skewered Chicken)

Yield: 12 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-grilled-skewered-chicken-recipe>

Ingredients:

- 1 1/8 pounds chicken thigh fillets cut into 2.5cm, 1" cubes, Note 2
- 5/8 cup shallots /scallions, white and green firm parts only, cut into 3.5mm/ 1½"
- 5 1/16 tablespoons soy sauce normal Japanese soy sauce
- 5 1/16 tablespoons mirin
- 1 tablespoon sugar

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 35 milligrams
4. Fat: 6 grams
5. Protein: 8 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 410 milligrams
8. Sugar: 1 grams

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