

# The Hirshon Japanese Miso-Marinated Black Cod – ?????

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-grilled-black-cod-recipe>

## Ingredients:

- white miso ¾ cup shiro
- 1/2 cup sugar
- 1/4 cup sake
- 6 tablespoons mirin sweet Japanese cooking wine
- 1 pound black cod boneless sashimi-quality
- sea salt

## Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 50 milligrams
4. Fat: 1 grams
5. Protein: 21 grams
6. Sodium: 260 milligrams
7. Sugar: 25 grams

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