

Matcha Green Tea Milk Bread

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-green-tea-bread-recipe>

Ingredients:

- 2 1/2 cups bread flour
- 3 tablespoons sugar
- 1/2 teaspoon salt
- 1 large egg
- 1/2 cup milk
- 120 grams tangzhong click here for making tangzhong, and please note that 120g is only a little over half of what that recipe makes, s...
- 2 teaspoons instant yeast
- 3 tablespoons butter cut into small pieces, softened at room temperature
- 1 tablespoon matcha green tea powder
- 2 1/2 cups bread flour
- 1/2 teaspoon salt
- 3 tablespoons sugar
- 2 teaspoons instant yeast
- 2 large eggs
- 1/2 cup skim milk
- 120 grams tangzhong see note
- 3 tablespoons unsalted butter cut into small pieces and softened at room temperature
- 1 tablespoon matcha green tea powder

Nutrition:

1. Calories: 930 calories
2. Carbohydrate: 148 grams
3. Cholesterol: 210 milligrams
4. Fat: 25 grams
5. Fiber: 4 grams
6. Protein: 28 grams
7. SaturatedFat: 12 grams
8. Sodium: 750 milligrams

9. Sugar: 23 grams

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