

Ginger Green Tea Ice Cream

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-tea-recipe>

Ingredients:

- 4 tablespoons matcha green tea powder
- 3 cups half-and-half
- 3 tablespoons ginger finely grated, with juice
- 6 egg yolks
- 1 1/2 cups sugar
- 1 teaspoon kosher salt

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 84 grams
3. Cholesterol: 380 milligrams
4. Fat: 29 grams
5. Protein: 10 grams
6. SaturatedFat: 15 grams
7. Sodium: 690 milligrams
8. Sugar: 75 grams

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