

Creamy Japanese Fruit Sandwich (Fruit Sando)

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-fruit-sandwich-recipe>

Ingredients:

- 4 loaves shokupan, Japanese milk bread make a pocket in the center
- 1/2 cup heavy whipping cream
- 1/2 cup mascarpone cheese
- 1 1/2 tablespoons sugar
- fruits Fresh, sliced

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 55 milligrams
4. Fat: 15 grams
5. Protein: 2 grams
6. SaturatedFat: 9 grams
7. Sodium: 65 milligrams
8. Sugar: 8 grams

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