

# Benihana Fried Rice

Yield: 8 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-fried-rice-recipe-benihana>

## Ingredients:

- 2 large carrots
- 1 large onion
- 1 bunch green onions
- 4 large eggs
- 2 tablespoons salt
- 2 cups Botan Calrose Rice
- garlic butter Behihana's
- 2 teaspoons soy sauce
- 1 stick butter
- 2 cloves garlic
- 1 lemon

## Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 145 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 10 grams
8. Sodium: 2000 milligrams
9. Sugar: 2 grams

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