

Fish Head Tofu Soup

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-fish-head-stew-recipe>

Ingredients:

- 7/8 pound soft tofu sliced
- 1 fish head large
- 6 3/4 tablespoons cooking wine
- 3 green onions
- 3 slices fresh ginger
- 1 teaspoon salt
- 1 tablespoon wolfberry Chinese, option
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