

Gongura Chicken Andhra Style | Gongura Chicken Fry

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-easy-curry-base-recipe>

Ingredients:

- base For Gongura
- 3 cups leaves tightly packed Gongura/Sorrel
- 1 onion Medium, finely chopped
- 4 green chillies
- 1 teaspoon chilli powder
- 3/4 teaspoon salt
- base For chicken gravy
- 1 cup curry Leftover chicken, or click here for the recipe

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 20 grams
3. Fat: 3 grams
4. Fiber: 9 grams
5. Protein: 4 grams
6. Sodium: 420 milligrams
7. Sugar: 4 grams

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