

# Matcha Mochi Yogurt Pops

Yield: 6 min  
Total Time: 125 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-doughnut-recipe>

## Ingredients:

- 2 cups plain yogurt
- 2 tablespoons honey or more to taste
- 2 teaspoons matcha powder
- 1 pinch kosher salt
- 1/4 teaspoon vanilla extract
- 1/4 teaspoon almond extract
- 1 cup mochi bits

## Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 10 milligrams
4. Fat: 2.5 grams
5. Protein: 2 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 90 milligrams
8. Sugar: 10 grams

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