

Dirty Rice

Yield: 7 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-dirty-rice-recipe>

Ingredients:

- 2 bay leaves
- 1 1/2 teaspoons salt
- 1 teaspoon black pepper
- 1 teaspoon paprika
- 1 teaspoon mustard dried
- 1 teaspoon ground cumin
- 1/2 teaspoon dried thyme leaves
- 1/2 teaspoon dried oregano leaves
- 1/4 teaspoon cayenne pepper
- 2 tablespoons canola oil
- 1/2 pound ground pork
- 1 cup onions chopped
- 1/2 cup chopped celery
- 1/2 cup chopped green bell pepper
- 1/4 cup green onions chopped
- 1 garlic clove minced
- 1 cup rice
- 2 1/2 cups chicken broth
- 1/2 cup chicken livers

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 25 milligrams
4. Fat: 12 grams
5. Fiber: 1 grams
6. Protein: 8 grams
7. SaturatedFat: 3 grams
8. Sodium: 570 milligrams

9. Sugar: 1 grams

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