

Dan Dan Noodle/Zoodle Soup

Yield: 2 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-dan-dan-noodles-recipe>

Ingredients:

- 4 cups chicken stock
- 2 tablespoons chili bean sauce
- 2 tablespoons sesame paste
- 1 tablespoon soy sauce
- 1 tablespoon sugar
- salt
- freshly ground pepper
- 1 teaspoon vegetable oil
- 1 tablespoon minced garlic
- 1 tablespoon minced shallots
- 1 Thai red chili sliced
- 1/2 pound ground pork
- 1 tablespoon soy sauce
- 1 teaspoon sesame oil
- salt
- pepper
- 2 zucchinis
- 2 noodles
- sliced green onions for garnish, optional

Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 100 milligrams
4. Fat: 42 grams
5. Fiber: 7 grams
6. Protein: 42 grams
7. SaturatedFat: 11 grams
8. Sodium: 2560 milligrams

9. Sugar: 23 grams

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