

Japanese Custard Pudding

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-custard-pudding-recipe>

Ingredients:

- 1 11/16 cups milk
- 3 large eggs
- 4 3/4 tablespoons sugar
- 1/2 teaspoon vanilla essence
- 5 5/8 tablespoons sugar
- 3 3/8 tablespoons water

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 170 milligrams
4. Fat: 6 grams
5. Protein: 10 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 125 milligrams
8. Sugar: 39 grams

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