

Purin (Japanese Caramel Custard Pudding)

Yield: 5 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-custard-pudding-purin-recipe>

Ingredients:

- 2 3/8 tablespoons sugar
- 2 teaspoons water divided
- 1 5/16 cups whole milk
- 4 7/16 tablespoons heavy cream
- 6 3/8 tablespoons sugar
- 2 whole large eggs
- 1 large egg yolk
- 1/2 teaspoon vanilla bean paste or vanilla extract

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 70 milligrams
4. Fat: 9 grams
5. Protein: 3 grams
6. SaturatedFat: 5 grams
7. Sodium: 35 milligrams
8. Sugar: 25 grams

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