RecipesCh@~se

Japanese chicken curry

Yield: 4 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/traditional-japanese-chicken-curry-recipe

Ingredients:

- 11/16 pound chicken
- 1 meat
- 1/2 tablespoon cornflour
- 1 teaspoon salt
- 1/4 teaspoon black pepper
- 1 tablespoon water
- 1 cube curry roux you can use 2 if you prefer
- 1 medium potato
- 1 carrot
- 1/2 leek
- 1/2 large onion
- 11/16 pound skinless chicken thighs
- 1 meat
- 1/2 tablespoon cornflour
- 1 teaspoon salt
- 1/4 teaspoon black pepper
- 1 tablespoon water
- 1 cube curry roux you can use 2 if you prefer
- 1 medium potato
- 1 carrot
- 1/2 leek
- 1/2 large onion

Nutrition:

Calories: 380 calories
Carbohydrate: 28 grams
Cholesterol: 120 milligrams

4. Fat: 14 grams5. Fiber: 4 grams

6. Protein: 33 grams7. SaturatedFat: 4 grams8. Sodium: 1330 milligrams

9. Sugar: 5 grams

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