## RecipesCh@\_se

## Instant Pot Japanese Chicken Curry

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/japanese-curry-hot-pot-recipe

## **Ingredients:**

- 1 tablespoon oil
- 1 tablespoon garlic
- 1 tablespoon minced ginger
- 1 pound chicken thighs boneless, skinless, cut into bite size pieces
- 1 1/2 cups onion sliced thick
- 4 red potatoes quartered
- 2 carrots chopped thick
- 1 1/2 cups water
- 1/2 package curry paste Vermont, 6 squares
- 1/2 cup coconut milk

## Nutrition:

- 1. Calories: 500 calories
- 2. Carbohydrate: 39 grams
- 3. Cholesterol: 95 milligrams
- 4. Fat: 28 grams
- 5. Fiber: 6 grams
- 6. Protein: 24 grams
- 7. SaturatedFat: 11 grams
- 8. Sodium: 130 milligrams
- 9. Sugar: 7 grams

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