

Hamburger Soup

Yield: 8 min

Total Time: 135 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-consomme-soup-recipe>

Ingredients:

- 2 pounds ground beef
- 1 onion chopped finely
- 28 ounces diced tomatoes can of
- 2 cups water
- 10 ounces consomme cans of
- 5 ounces tomato paste can of
- 5 carrots chopped finely
- 4 celery sticks chopped finely
- 1 bay leaf
- 1 teaspoon thyme
- pepper unchecked salt &, to taste

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 4 grams
6. Protein: 25 grams
7. SaturatedFat: 7 grams
8. Sodium: 510 milligrams
9. Sugar: 8 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Hamburger Soup above. You can see more 15 japanese consomme soup recipe Experience culinary bliss now! to get more great cooking ideas.