

# Cold Somen Noodles with Dipping Sauce

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-somen-sauce-recipe>

## Ingredients:

- 8 ounces somen dried
- 7 tablespoons light soy sauce
- 1 tablespoon sugar
- 3 cups dashi
- 1/2 cup bonito flakes

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 5 milligrams
4. Fat: 2.5 grams
5. Fiber: 3 grams
6. Protein: 14 grams
7. Sodium: 2900 milligrams
8. Sugar: 4 grams

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